

CURRICULUM VITAE

KENNETH W. HEPBURN, PHD

Professor
Nell Hodgson Woodruff School of Nursing
Emory University
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EDUCATION

Dates	Degree	Institution	Major
1963	BA	Fordham University New York, NY	Literature
1968	PhD	University of Washington Seattle, WA	Literature
1971-1972	Post-Doctoral	Cornell University Ithaca, NY	Social Sciences

HONORS AND AWARDS

1965-1968 Kent-Danforth Fellow
1963-1964 Woodrow Wilson Fellow
1989-1990 Minnesota Area Geriatric Education Center (MAGEC) Fellow
1998 Dutch Kastenbaum Award for Outstanding Achievement in the Field of Gerontology in Minnesota; Presented by the Minnesota Gerontological Society
2001-2002 Fesler-Lampert Chair in Aging Studies, Center on Aging, University of Minnesota.
2005 Fellow, Gerontological Society of America
2011 Honorary Member, Sigma Theta Tau International Honor Society of Nursing

PROFESSIONAL POSITIONS

Month, Year	Position	Institution
2005-Present	Professor	Emory University Nell Hodgson Woodruff School of Nursing Atlanta, GA
2005-2012	Associate Dean for Research Director of Graduate Studies	Emory University Nell Hodgson Woodruff School of Nursing Atlanta, GA
2007-2010	Chair, Department of Adult and Elder Health	Emory University Nell Hodgson Woodruff School of Nursing
2003-2006	Professor and Associate Dean for Research	University of Minnesota School of Nursing Minneapolis, MN
2002-2003	Director, Research Program Interim Director, Faculty	University of Minnesota Family Practice & Community Health Dept.

	Development Fellowship Program	Minneapolis, MN
2001-2003	Associate Professor	University of Minnesota Dept. of Internal Medicine Minneapolis, MN
2000-2003	Director, Aging and Geriatric Medicine Program	University of Minnesota Medical School Minneapolis, MN
1999-2003	Associate Professor	University of Minnesota Family Practice and Community Health Dept. Minneapolis, MN
1998-2003	Director, Geriatrics Programs	University of Minnesota Family Practice and Community Health Dept. Minneapolis, MN
1997-2002	Associate Director, Research	University of Minnesota Family Practice and Community Health Dept. Minneapolis, MN
1989-1999	Assistant Professor / Research Associate	University of Minnesota Family Practice and Community Health Dept. Minneapolis, MN
1988-1989	Vice President	Altcare Minneapolis, MN
1982-1988	Associate Director for Education/Evaluation, Geriatric Research, Education, and Clinical Center (GRECC)	Veterans Administration Hospital Minneapolis, MN
1980-1982	Director, Western Regional Ctr HCFA/RWJ-Funded National Hospice Study	Brown University Cedars-Sinai Medical Center Los Angeles, CA
1977-1980	Director, NIMH-Funded Volunteers for Services to Older Persons (VSOP) Project	Cedars-Sinai Medical Center Los Angeles, CA
1977	Planner and Grants Resource Specialist	Los Angeles Community College District Los Angeles, CA
1975-1976	Director, UCLA Component, USOE-Funded (to Rutgers University) Alternatives for Adults Project	University of California Los Angeles, CA
1974-1975	Director, Experiential Education	Rutgers University Livingston College

		Piscataway, NJ
1972-1974	Manager	Cornell University Cornell Human Services Laboratory Ithaca, NY
1968-1970	Assistant Professor of Literature	California State Universities and Colleges Sonoma State College and California State University Los Angeles, CA

PUBLICATIONS

Original Articles in Referred Journals

Watson J, Buchi E, Higgins MK, Glasgow GSB, Trammell AR, Herring C, Wharton W, Gary RA, **Hepburn K**, Dunbar SB, Butts B. Relationship between cellular aging, perceived stress, and cardiometabolic disease risk in Black family caregivers of persons with dementia. *Alzheimers Dement*. 2025 Jul;21(7):e70518. doi: 10.1002/alz.70518.PMID: 40709503

Hong YA, Shen K, Han HR, Hepburn K, Wang L, Lu HK, Ta Park V, Chi I. Two-year follow-up of dementia caregivers after a digital health intervention WECARE: a mixed-method study. *Aging Ment Health*. 2025 Apr;29(4):631-638. doi: 10.1080/13607863.2024.2449141. Epub 2025 Jan 5. PubMed PMID: 39757693; PubMed Central PMCID: PMC11957924.

Rilling JK, Lee M, Zhou C, Hepburn K, Perkins MM, Gaser C. Caregiving is associated with lower brain age in humans. *Soc Cogn Affect Neurosci*. 2025 Mar 13;20(1). doi: 10.1093/scan/nsaf013. PubMed PMID: 40056157; PubMed Central PMCID: PMC11905976.

Smith CP, Perkins MM, Hepburn KW, Kavalieratos D, Lowers J. Examining Help-Seeking Behavior in People Living Alone With Cognitive Impairment. *J Appl Gerontol*. 2025 Jan 9;:7334648241309478. doi: 10.1177/07334648241309478. [Epub ahead of print] PubMed PMID: 39783638; NIHMSID:NIHMS2065057.

Lowers J, Brus K, Smith C, Kavalieratos D, Hepburn K, Perkins MM. "How do You Take that Much Time for One Person's Life?" Experiences of Dementia Caregivers Who are Not Immediate Family. *J Appl Gerontol*. 2025 Jan;44(1):166-175. doi: 10.1177/07334648241265197. Epub 2024 Jul 24. PubMed PMID: 39046368; PubMed Central PMCID: PMC11620963.

Brewster GS, Houser MC, Yang I, Pelkmans J, Higgins M, Tower-Gilchrist C, Wells J, Quyyumi AA, Jones D, B Dunbar S, Carlson N. Metabolic Pathways Associated With Obesity and Hypertension in Black Caregivers of Persons Living With Dementia. *Nurs Res*. 2025 Jan-Feb 01;74(1):37-46. doi: 10.1097/NNR.0000000000000783. Epub 2024 Oct 10. PubMed PMID: 39420455; PubMed Central PMCID: PMC11637965.

Rilling JK, Lee M, McIsaac J, Factor S, Gallagher P, Kim JH, Zhang J, Zhou C, McDade TW, Hepburn K, Perkins MM. Evaluation of a Photo Captioning Cognitive Empathy Intervention for Dementia Caregivers. *Clin Gerontol*. 2024 Oct-Dec;47(5):832-845. doi: 10.1080/07317115.2024.2317972. Epub 2024 Feb 19. PubMed PMID: 38372125; PubMed Central PMCID: PMC11331024.

Jang Y, Hepburn K, Park J, Haley W, Kim M. (2024). Changes in Depressive Symptoms of Korean American Dementia Caregivers After Attending the Savvy Caregiver Program: Preliminary Findings with a Pilot Sample. *Clinical Gerontologist* 47:5; 862-869.

Yang, J, Hepburn, K, Haley, W, Park, J, Park, NS, Ko, L, Kim, M (2024). Examining cultural adaptations of the savvy caregiver program for Korean American caregivers using the framework for

reporting adaptations and modifications-enhanced (FRAME). *BMC Geriatrics* (2024) 24:79
<https://doi.org/10.1186/s12877-024-04715-w>

Choi YK, Lin SY, Fick DM, Shulman RW, Lee S, Shrestha P, Santoso K. Optimizing ChatGPT's Interpretation and Reporting of Delirium Assessment Outcomes: Exploratory Study. *JMIR Form Res.* 2024 Oct 1;8:e51383. doi: 10.2196/51383. PubMed PMID: 39353189; PubMed Central PMCID: PMC11480687.

Brewster GS, Wang D, McPhillips MV, Epps F, Yang I. Correlates of Sleep Disturbance Experienced by Informal Caregivers of Persons Living with Dementia: A Systematic Review. *Clin Gerontol.* 2024 May-Jun;47(3):380-407. doi: 10.1080/07317115.2022.2139655. Epub 2022 Oct 31. PubMed PMID: 36314643; PubMed Central PMCID: PMC10148929.

Quiñones MM, Sörensen S, Hepburn K, Capellan J, Heffner KL. Community-Engaged Research With Latino Dementia Caregivers: Overcoming Challenges in Community Advisory Board Development. *Gerontologist.* 2024 May 1;64(5). doi: 10.1093/geront/gnad144. PubMed PMID: 37878811; PubMed Central PMCID: PMC11020250.

Lowers J, Datcher I, Kavalieratos D, Hepburn K, Perkins MM. Proactive Care-Seeking Strategies Among Adults Aging Solo With Early Dementia: A Qualitative Study. *J Gerontol B Psychol Sci Soc Sci.* 2024 May 1;79(5). doi: 10.1093/geronb/gbae020. PubMed PMID: 38375541; PubMed Central PMCID: PMC11128765.

Hong YA, Shen K, Han HR, Ta Park V, Lu HK, Cleaveland C. 'It's a lonely journey': caregiving experiences and psychosocial distress among Chinese American dementia family caregivers. *Aging Ment Health.* 2024 Mar-Apr;28(3):466-472. doi: 10.1080/13607863.2023.2285918. Epub 2023 Dec 1. PubMed PMID: 38038630; PubMed Central PMCID: PMC11931576.

Aflatoony L, Hepburn K, Perkins MM. From Empathy to Action: Design Thinking as a Catalyst for Community-Based Participatory Research in Dementia Caregiving. *Design Health* (Abingdon). 2024;8(1):24-45. doi: 10.1080/24735132.2024.2307225. Epub 2024 Jan 30. PubMed PMID: 39036349; PubMed Central PMCID: PMC11257414.

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Brewster G, Higgins M, McPhillips MV, Bonds Johnson K, Epps F, Yeager K, Bliwise D, **Hepburn K** (2023). The effect of Tele-Savvy on sleep quality and insomnia in caregivers of persons living with dementia. *Clin Interv Aging.* 2023 Dec 14;18:2117-2127. PMID: 38111602. DOI: 10.2147/CIA.S425741

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Jang Y, **Hepburn K**, Park J, Haley WE, Kim MT (2023). Changes in Depressive Symptoms of Korean American Dementia Caregivers After Attending the Savvy Caregiver Program: Preliminary Findings.

[with a Pilot Sample](#). Clin Gerontol. 2023 Sep 19:1-8. doi: 10.1080/07317115.2023.2260815. Online ahead of print.PMID: 37724817

Quiñones MM, Sörensen S, **Hepburn K**, Capellan J, Heffner KL (2023). [Community-Engaged Research with Latino Dementia Caregivers: Overcoming Challenges in Community Advisory Board Development](#). Gerontologist. 2023 Oct 25:gnad144. doi: 10.1093/geront/gnad144. Online ahead of print.PMID: 37878811

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Jang Y, **Hepburn K**, Park J, Haley WE, Kim MT (2022). [Cultural adaptation of the savvy caregiver program for Korean Americans with limited English proficiency: a feasibility and acceptability study](#). BMC Geriatr. 2022 Nov 18;22(1):875. doi: 10.1186/s12877-022-03611-5.PMID: 36401225

Baker H, McGee B, Rochat R, **Hepburn K**, Hennink M, Sibley L (2022). Factors associated with postpartum contraception in Togo, West Africa.**Hepburn K**, Nocera J, Higgins M, Epps F, Brewster G, Lindauer A, Morhardt D, Shah R, Bonds K, Nash R, Griffiths P (2022). Results of a Randomized Trial Testing the Efficacy of Tele-Savvy, an Online Synchronous/Asynchronous Psychoeducation Program for Family Caregivers of Persons Living with Dementia. Gerontologist April 20: 62(4):616-628. doi: 10.1093/geront/gnab029

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Kovaleva MA, Higgins M, Dietrich MS, Jennings BM, Song MK, Clevenger CK, Griffiths PC, **Hepburn K**. Characteristics associated with neuropsychiatric symptoms in persons living with dementia and caregiver distress and diminished well-being. J Am Assoc Nurse Pract. 2022 Jan 12;34(4):656-665. doi: 10.1097/JXX.0000000000000681.PMID: 35025838

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Yoo-Jeong M, **Hepburn K**, Holstad M, Haardörfer R, Waldrop-Valverde D. 2020. Correlates of loneliness in older persons living with HIV. AIDS Care. Jul;32(7):869-876. doi: 10.1080/09540121.2019.1659919. Epub 2019 Aug 28.PMID: 31462066.

Kovaleva, M. A., Jennings, B. M., Song, M.-K., Clevenger, C., Griffiths, P. C., & Hepburn, K. (2021, in press). Caregivers' experience at a multidisciplinary nurse-led dementia medical home. Research in Gerontological Nursing. 2021 Jan 25:1-10 doi 10.3928/19404921-20210115-01. Online ahead of print. PMID: 33492401.

Brewster GS, Epps F, Dye CE, Hepburn K, Higgins MK, Parker ML. The Effect of the "Great Village" on Psychological Outcomes, Burden, and Mastery in African American Caregivers of Persons Living With Dementia. J Appl Gerontol. 2020 Oct;39(10):1059-1068. doi: 10.1177/0733464819874574. Epub 2019 Sep 19.PMID: 31535922

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Mackay RE, ARC Study Group, Gross JM, Hepburn KW, Spangler SA. Nurse- and midwife-led HIV services in Eastern and Southern Africa: Challenges and Opportunities for health facilities (2020). J Assn Nurses in AIDS Care, 31 (4), 392-404.

Brody AA, Barnes DE, Chodosh J, Galvin JE, Hepburn KW, Troxel AB, Hom K, McCarthy EP, Unroe KT. Building a National Program for Pilot Studies of Embedded Pragmatic Clinical Trials in Dementia Care. J Am Geriatr Soc. 2020 Jul;68 Suppl 2(Suppl 2):S14-S20. doi: 10.1111/jgs.16618.PMID: 32589282

Gaugler, J. E., Statz, T. L., Birkeland, R., Louwagie, K. W., Peterson, C. M., Zmora, R., Emery, A., McCarron, H. R., **Hepburn, K.**, Whitlatch, C. J., Mittelman, M. S., & Roth, D. L. (2020). The Residential Care Transition Module: A single-blinded randomized controlled evaluation of a telehealth support intervention for family caregivers of persons with dementia living in residential long-term care. BMC Geriatrics, 20, 133. doi: 10.1186/s12877-020-01542-7.

Gary R, Dunbar SB, Higgins M, Butts B, Corwin E, **Hepburn K**, Butler J, Miller AH 2020. An Intervention to Improve Physical Function and Caregiver Perceptions in Family Caregivers of Persons With Heart Failure. J Appl Gerontol 39(2):181-191. doi: 10.1177/0733464817746757. Epub 2018 Jan 18. PMID: 29347863

Gary RA, Paul s, Corwin E, Butts B, Miller AH, Hepburn K, Williams B, Waldrop-Valverde. Exercise and cognitive training as a strategy to improve neurocognitive outcomes in heart failure: A pilot study. Am J Geriatr Soc 2019:S1064 (19)30223-34;doi: 10.1016/j.jagp/2019.01.211

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Song MK, Ward SE, **Hepburn K**, Paul S, Kim H, Shah RC, Morhardt DJ, Medders L, Lah JJ, Clevenger CC. Can Persons with Dementia Meaningfully Participate in Advance Care Planning Discussions? A Mixed-Methods Study of SPIRIT. J Palliat Med. 2019 Nov;22(11):1410-1416. PubMed PMID: [31373868](#); PubMed Central PMCID: [PMC6818478](#).

Kovaleva M, Blevins L, Griffiths PC, Hepburn K. An online program for caregivers of persons living with dementia: Lessons learned. J Appl Gerontol. 2019;38(2) 159-182. doi:10.1177/0733464817705958

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Grants Under Review

R01AG099377 MPI, Hepburn, Perkins, Moore 2026-2030
The Rural Family Dementia Caregivers (RFD) Caregivers Program: Developing Caregiving Knowledge and Skills for a Disproportionately Burdened Caregiver Population.

Role: MPI/PD

Active Projects

RO1AG090561 (PI, Yuri Jang, University of Southern California) 2026-2030
Caring Dementia Caregivers in Ethnic Immigrant Communities
 Role: Co-I

R01AG90610 (PI, Alicia Hong, George Mason University) 2026-2030
WE CARE: A personalized intervention to enhance caregiving skills and psychosocial wellbeing among Chinese American dementia caregivers.
 Role: Co-I

1R01AG087216-01 (MPI/PD, Jim Rilling) 09/15/2024-08/31/2029
 Effect of Cognitive Empathy Training on Dementia Caregivers
 Role: MPI

RO1AG082833 (MPI/PD: Carolyn Clevenger, DNP) 09/15/2023-08/31/2029
 Caregiver as Navigator-Developing Skills Online (CAN-DO): Developing Dementia Family Caregiver
 Mastery for Navigating Complex Health, Social Service, Legal, Financial, and Family **Systems**
 Role: MPI

P30AG064200 Hepburn (MPI) 07/01/2019 - 06/30/2029
 Roybal Translational Research Center to Promote Context-Specific Caregiving of Community-Dwelling
 Persons Living with Alzheimer's Disease or Related Disorders

Completed Projects

1R01AG069114-01 (PI: Molly Perkins, PhD)
 Investigating Informal Caregivers' Involvement in End-of-Life Care among Assisted Living Residents with
 Advanced Dementia and its Influence on Resident and Caregiver Outcomes
 National Institute on Aging:
 Role: Co-Investigator

1R01AG061971-01 Hepburn (PI) 09/30/2018-05/31/2022 (NCE to
 10/31/23)
 Developing a Distance Education System to Train Savvy Caregiver Program
 Interventionists: Extending Access and Capacity in Community-Based Delivery of Evidence-
 Based Interventions

1U54AG063546 (Mor/Mitchell) 09/01/2019 – 06/30/2024 NIH/NIA
 NIH AD/ADRD Health Care Systems Research Collaboratory
 Subcontract – Brown University
 Role: Pilot Core Executive Committee

U54AG063546-01
 Brown University
 AD/ADRD Health Care Systems Research Collaboratory (MPI Mor and Mitchell) 9/1/2019-8/31/2024
 Support for pilot embedded pragmatic trials of interventions targeted to persons with dementing illnesses
 and/or their family caregivers

U1QHP33070 (Johnson) 07/01/2019 – 06/30/2024
 Health Resources and Services Administration
 Georgia Geriatrics Workforce Enhancement Program (GA-GWEP)

Adapting the Savvy Caregiver for Low English Literacy Korean American Dementia Family Caregivers
 Yuri Jang, PhD, University of Southern California (PI)

National Institute of Aging:
Role: Co-Investigator

Pilot Study for a Pragmatic Clinical Trial of Tele-Savvy
Rick Fortinsky, PhD, University of Connecticut (PI)
National Institute on Aging through the IMPACT Collaboratory (U54AG063546)
Role: Emory Site MPI

P30AG064200-02S1 (Hepburn/Perkins/Clevenger) 09/08/2020 –
05/31/2021

NIH/NIA

*SUPPLEMENT: Roybal Translational Research Center to Promote Context-Specific Caregiving
Community-Dwelling Persons Living with Alzheimer's Disease or Related Disorders*

1R01AG054079 Hepburn (PI) 08/01/2016-
07/31/2020

Testing Tele-Savvy, an On-line Psychoeducation Program for Dementia Family Caregivers
This is a randomized trial of a fully on-line training program for dementia family caregivers

1R01AG054079-01 (Hepburn) 09/15/2017 - 04/30/2020
NIH/NIA \$115,142

*Diversity Supplement: Testing Tele-Savvy, an On-line Psychoeducation Program for Informal Alzheimer's
Caregivers –*

2P50AG025688 Levey, (PI) 05/01/2015-04/2020
NIH/NIA

Emory Alzheimer's Disease Research Center Clinical Core
The ADRC fosters multiple research projects at Emory University in Alzheimer's disease.
Role: Co-Investigator

2R13 AG047064-02A1 (Holstad) 08/15/2016 - 04/30/2021
NIH/NIA \$49,381

HIV and Aging: From the Mitochondria to the Metropolis

The primary goals of this R13 application are to a) conduct three conferences aimed at expanding
research on HIV and aging and moving science in this area forward and b) increase the pipeline of diverse
early stage investigators focused on the gaps in this area.

Role: Co-Investigator

2020213 (Epps/Hepburn/Clevenger) 01/15/2021- 06/13/2022
RRF – Foundation of Aging

The CaRE Course : Caregiving and racial considerations during a pandemic online training education

1R01AG048931-01A1 (N005175201) 06/01/2016 – 05/31/2017

University of Minnesota/NIH/NIA \$21,508

Residential Care Transition Module

R01AG061971-02S1 (Hepburn/Sherman) 03/15/2020 - 05/31/2022
NIH/NIA

*Supplement to Developing a Distance Education System to Train Savvy Caregiver Program
Interventionists: Extending Access and Capacity in Community-Based Delivery of Evidence-Based
Intervention*

2017 P30NR014134: NINR (Waldrop-Valverde, PI): Center for Cognition and Affect in Chronic Illness
09/27/2012 – 06/30/2017. Role: Assoc. Core Director/Co-Investigator

2017 American Schools of Public and Private Health (Hepburn, PI); 08/15/2016-08/14/2017
African Health Profession Regulatory Collaborative for Nurses and Midwives (ARC)

- 2014 Developing and Testing an Educational Program for Informal Caregivers of Persons Living with HIV or AIDS. Pilot grant (\$40,000), Center for AIDS Research at Emory University. PI: **K Hepburn**.
- 2014 Testing a Distance Delivered Dementia Family Caregiver Psychoeducation Program (Tele-Savvy). Pilot grant (\$35,000), Alzheimer's Disease Research Center. Co-PI: **K Hepburn**
- 2013 HIV and Aging: From Mitochondria to the Metropolis Conference. R13AG047064-01 (Co-PIs: M Holstad and **K Hepburn**) [in no-cost extension]
- 2013 VA-Nursing Academic Partnership. Department of Veterans Affairs. PI: L Muir. Evaluator: **K Hepburn**
- 2013 VA Tele-Savvy: Translating a Face-to-Face Dementia Caregiver Program for Tele-Implementation. Department of Veterans Affairs T21 Implementation Project. PI: P Griffiths; Co-PI: K Hepburn
- 2009 PO1NR011587, National Institute of Nursing Research (Bauer-Wu and Miller, co-PIs): Caregiver Stress: Interventions to Promote Health and Well-Being (K. Hepburn, program project Co-I; RO1 project co-PI: Promoting Health and Well-being in African American Dementia Family Caregivers). Funding period: 10/1/09-9/30/14.
- 2005 Emory Alzheimer's Disease Research Center (Levey, PI). National Institute on Aging, National Institutes of Health. (**K. Hepburn**, Education Core Director). Funding Period: 06/01/05-05/31/10.
- 2005 Center for Health Trajectory Research (J. Wyman, PI). Developmental Research Center, National Institute of Nursing Research. (**K. Hepburn**, Co-Investigator). Total costs: \$1,000,000. Funding Period: 2005-2010.
- 2005 5P20NR007798-06 Symptoms, Symptom Interactions, and Health Outcomes. Role: PI
- 2005 Evaluation of Minnesota Alzheimer's Programs (**K. Hepburn, PI**). Project #430. Metropolitan Area Agency on Aging, Minnesota Department of Human Services. Total costs: \$43,700. Funding Period: 01/05/05-02/28/06.
- 2005 Internet Savvy Caregiver: Dementia Training and Planner (Marsha Lewis, PI). R41 AG026874. National Institute on Aging, National Institute of Health. (**K. Hepburn**, Co-Investigator). Total costs: \$306,360. Funding Period: 09/30/05-08/31/06.
- 2002 Developing and Testing a Transportable Training Program for Hispanic Family Caregivers (**K. Hepburn, PI**). IIRG-023946. Alzheimer's Association. Total costs: \$240,000. Funding Period: 10/01/02-9/30/05.
- 2001 Caregiver Training in South India (**K. Hepburn, PI**). R03TW01498. Fogarty International Research Collaboration Award (NIH). Total costs: \$106,000. Funding Period: 06/01/01-05/31/07.
- 2001 Internet-Based Training in Decision-Making (M. Lewis, PI). National Institute of Nursing Research, NIH. (**K. Hepburn**, Co-Investigator). Total costs: \$180,000. Funding Period: 2001-2003.

- 2000 Minnesota Area Geriatric Education Centers (Kane, PI). 1D31HP70119-01. HHS/HRSA. **(K. Hepburn, Co-Investigator)**. Funding Period: 07/01/00-06/30/05.
- 1999 Refining and Testing a Transportable Strategic Caregiver Training Program **(K. Hepburn, PI)**. Alzheimer's Association. Total costs: \$180,000. Funding Period: 1999-2001.
- 1998 The Community Partners Project: Fostering Access and Linkage for Dementia Caregiver Training **(K. Hepburn, PI)**. UCare Foundation. Total costs: \$82,163. Funding Period: 1998-1999.
- 1997 1R01NR04517-01. National Institute of Nursing Research/NIH. Dementia of the Alzheimer's Type Spouse Training: Managing Behaviors/Making Decisions Role: PI. Total costs: \$838,000. Funding Period: 1997-2002.
- 1997 Consumer Support Grant Training Demonstration. Robert Wood Johnson Foundation. **(K. Hepburn, Co-Investigator)**. Total costs: \$173,000. Funding Period: 1997-1999.
- 1996 A Qualitative Re-Analysis of Dementia Caregiver Data **(K. Hepburn, PI)**. University of Minnesota Center on Aging. Total costs: \$1,500. Funding Period: 1996.
- 1994 Evaluating Effective Dissemination Strategies **(K. Hepburn, PI)**. Funded jointly by the Agency for Health Care Policy Research and the Department of Veterans Affairs. Total costs: \$532,867. Funding Period: 1994-1997.
- 1994 University-wide Center on Aging: Fostering Interdisciplinary Research on Aging **(K. Hepburn, PI)**. Funded by the Office of the Vice President for Research, University of Minnesota. Total costs: \$100,000. Funding Period: 1994-1996.
- 1993 A Randomized Psychoeducational Intervention for Families Caring for Persons with Alzheimer's-Type Dementia (SK Ostwald, PI). National Center for Nursing Research. Role: Co-Investigator. Total costs: \$295,276. Funding Period: 1993-1996.
- 1991 Special Care Units in Minnesota Nursing Homes (L Grant, PI). National Institute on Aging/NIH. **(K. Hepburn, Co-Investigator)**. Total costs: \$974,679. Funding Period: 1991-1995.
- 1991 The Biography Project: Developing Life Stories for Persons Institutionalized with Dementia **(K. Hepburn, PI)**. National Alzheimer's Association. Total costs: \$24,979. Funding Period: 1991-1992.
- 1990 Training Alzheimer's Caregivers in Behavior Management Techniques **(K. Hepburn, PI)**. Funded by the All University Council on Aging. Total costs: \$3,000. Funding Period: 1990-1991.

EDUCATIONAL, TRAINING, AND PROGRAM GRANTS

Current Projects

Completed Projects

- 2012 Interprofessional Care Provision – Primary Palliative Care (K. Hepburn, Co-Investigator/Project Evaluator). Health Resources Services Administration. Funding period, October, 2012-September, 2015.

- 2012 Atlanta Regional Geriatric Education Center (PI Ted Johnson), HRSA. Funding period, July 2012-June 2014. Role: develop Alzheimer's disease-related educational materials for professionals.
- 2003 Enhancing Research Capacity in the Department of Family Practice and Community Health: Academic Administrative Units Application (**K. Hepburn, Author and Project Director**). Submitted to: Bureau of Health Professions, HHS. Total costs: \$717,950. Funding Period: 2003-2006.
- 1998 Evaluating a Nurse-Managed Clinic for Dementia Patients (**K. Hepburn, Co-Investigator and Principal Author**). Funded by the Veterans Administration Research Service. Total costs: \$360,000. Funding Period: 1998-2001.
- 1997 Enhancing Research Capacity in the Department of Family Practice and Community Health: Grants for the Establishment of Departments (**K. Hepburn, Major Author and Project Associate Director**). Funded by the Bureau of Health Professions, HHS. Total costs: \$540,000. Funding Period: 1997-2000.
- 1997 Developing a Home Care Curriculum: Grants for Graduate Education (**K. Hepburn, Principal Author and Project Evaluator**). Funded by the Bureau of Health Professions, HHS. Total costs: \$360,000. Funding Period: 1997-2000.
- 1997 Minnesota Area Geriatric Education Center (**K. Hepburn, Principal Author and Faculty Member**). Funded by the Bureau of Health Professions, HHS. Total costs: \$700,000. Funding Period: 1997-2000.
- 1997 Implementing a Geriatric Team Training Curriculum (**K. Hepburn, Project Coordinator and Principal Author**). The John A. Hartford Foundation, Inc of New York. Total costs: \$750,000. Funding Period: 1997-1999.
- 1996 Designing a Curriculum to Train Interdisciplinary Teams to Provide Care for Older Persons (**K. Hepburn, Major Author and Project Coordinator**). The John A. Hartford Foundation. Total costs: \$100,000. Funding Period: 1996-1997.
- 1995 Renewal: US-Egyptian Partnership Between the University of Minnesota and Ain Shams University Bilateral Research on Training in Geriatrics (**K. Hepburn, Co-Director and Principal Author**). Funded by the Fulbright Commission. Total costs: \$15,000. Funding Period: 1995-1997.
- 1994 Grant for the Support of Graduate Education: Developing a Managed Care Curriculum for Family Practice Residents (**K. Hepburn, Principal Author and Project Member**). Funded by the Bureau of Health Professions, HHS. Total costs: \$167,438. Funding Period: 1994-1997.
- 1994 Minnesota Area Geriatric Education Center (**K. Hepburn, Principal Author and Faculty Member**). Funded by the Bureau of Health Professions, HHS. Total costs: \$881,666. Funding Period: 1994-1997.
- 1994 Advanced Life Support in Obstetrics for Family Practice Residents (**K. Hepburn, Contributing Author and Project Evaluator**). Funded by UCare Health Maintenance Organization, Minneapolis, MN. Total costs: \$55,000. Funding Period: 1994-1996.
- 1994 Renewal: US-Egyptian Partnership Between the University of Minnesota and Ain Shams University Bilateral Research on Training in Geriatrics (**K. Hepburn, Co-Director**). Funded by the Fulbright Commission. Total costs: \$20,000. Funding Period: 1994-1995.
- 1992 U.S. Egyptian Partnership in Geriatrics Between the University of Minnesota and Ain Shams University (Cairo) (**K. Hepburn, Co-Director**). Funded by the Fulbright Binational Commission. Total costs: \$40,000. Funding Period: 1992-1994.
- 1991 The Geriatric Fellowship Project (**K. Hepburn, Co-Author and Faculty Coordinator**). Funded by the Bureau of Health Professions. Total costs: \$756,598. Funding Period: 1991-1994.
- 1991 Minnesota Area Geriatric Education Center (**K. Hepburn, Principal Author and Faculty Member**). Funded by the Bureau of Health Professions. Total costs: \$720,330. Funding Period: 1991-1993.
- 1988 And the Walls Came Tumbling Down: Health Care in the Next Century (**K. Hepburn, Principal Author and Principal Coordinator; Conference Coordinator**). Funded by the VA Office of Academic Affairs. Total costs: \$14,000. Funding Period: 1988-1989.

- 1987 Finding the Key: First National Conference on Nursing Research and Clinical Management of Alzheimer's Disease (**K. Hepburn, Principal Author and Principal Coordinator; Conference Coordinator**). Funded by the VA Office of Academic Affairs. Total costs: \$14,000. Funding Period: 1987-1988.
- 1986 Alzheimer's Update II (**K. Hepburn, Principal Author and Principal Coordinator; Conference Coordinator**). Funded by the VA Office of Academic Affairs. Total costs: \$13,000. Funding Period: 1986-1987.
- 1985 Alzheimer's Update I (**K. Hepburn, Principal Author and Principal Coordinator; Conference Coordinator**). Funded by the VA Office of Academic Affairs. Total costs: \$12,000. Funding Period: 1985-1986.
- 1984 Beyond Folklore: Practical (**K. Hepburn, Principal Author and Principal Coordinator; Conference Coordinator**). Funded by the VA Office of Academic Affairs. Total costs: \$12,000. Funding Period: 1984-1985.
- 1982 Caregiver Education Materials for Family Members Caring for Persons with Dementing Disorders (**K. Hepburn, Principal Developer**). Funded by the VA Office of Academic Affairs. Total costs: \$24,000. Funding Period: 1982-1984.

TEACHING RESPONSIBILITIES

Courses Taught

Emory University

2026	NRSG 732	Theoretical/Scientific Bases for the Study of Clinical Phenomena
2013-2014	NRSG 705	Endogenous and Exogenous Determinants of Health
2011, 2013-15	NRSG 732	Theoretical/Scientific Bases for the Study of Clinical Phenomena
2011-2013	NRSG 598	Dissemination of Immersion Projects
2007	NRSG 371	Introduction to Research
2007	NRSG 700	Philosophy, Theory, and Nursing Science
2007, 2013	NRSG 732	Theoretical/Scientific Bases for the Study of Clinical Phenomena
2006-present	NRSG 760-763	Doctoral Research Practica

University of Minnesota

2004-2006	Nursing 8181	Course Co-Developer: Scientific Integrity (Responsible Conduct of Research)
2004-2006	Nursing 8175	Quantitative Methods in Nursing Research.
1998		Course Co-Developer and Co-Instructor, Nursing Home Medical Direction. Offered to Geriatrics Fellows, Department of Family Practice
1992-2000		Course Developer, Coordinator, and Presenter, FP 5650, 51, Principles of Geriatrics. Lectures on Dementia Caregivers, Dementia Home Care, and Quality Management.
1986-1992		Course Developer and Lecturer, Physiology of Aging, a graduate course in the Spirituality and Aging Program, Luther Northwestern Seminary, St. Paul, MN.

University of Minnesota, Clinical Teaching, School of Medicine

1998-2003	Co-Director, The Aging Game
2001-2003	Clinical Medicine IV OSCE Evaluator
2001	Dementia. Lecture in Clinical Medicine IV sequence.
1996-2003	Faculty Member, The Aging Game
1997-1998	Faculty Member in the Geriatric Interdisciplinary Team Training (GITT) Hartford Foundation-Sponsored project for Medical Residents and advanced practice trainees in Nursing, Social Work, and Pharmacy

1998 Roxanne Wilson, School of Nursing
2001 Cathy Olson, School of Nursing
2001 Jennifer Delisi, Music Education
2001 Patricia Wurm, School of Nursing
2002 Renee Ellingson, School of Nursing
2002 Christine Foss, School of Nursing

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

Member, Gerontological Society of America
Member, Southern Nursing Research Society

PROFESSIONAL ACTIVITIES

National Committees

Member, Steering Committee, 2023 NIA National Summit Dementia Care and Caregiving Research Summit
Member, Alzheimer's Disease Research Center Education Core Steering Committee (2013-2017)
Member, Expert Panel National Family Caregiver Support Program, National Association of State Units on Aging (2001).
Member, National Advisory Board, Center for Aging, Religion, and Spirituality (1995-2000).
Member, Research and Evaluation Committee, National Chronic Care Consortium/National Alzheimer's Association Consortium to Develop Networks of Care for Dementia Patients and their Families (1997-2001).
Project Member, American Academy of Home Care Physicians Medical Director Training Program (1995-1999).
Project Consultant, Developing a Chart Abstraction Instrument to Monitor Compliance with the Agency for Health Care Policy and Research (AHCPR) Pressure Ulcer Guideline, RAND Corporation, Santa Monica, CA (1994-1995).
Member, Planning Committee, National Satellite Continuing Education Program on Alzheimer's Disease, Regional Medical Education Center, VA Medical Center, Minneapolis, MN (1993-1994).
Planner and Evaluator, Interdisciplinary Training for Geriatric Evaluation and Management Teams: A National Training Program, Regional Medical Education Center and Geriatric Research, Education, and Clinical Center (GRECC), VA Medical Center, Minneapolis, MN (1992-1994).
Member, Planning Committee, Non-Alzheimer's Dementing Disorders National Conference, Geriatric Research, Education, and Clinical Center, VA Medical Center, Minneapolis, MN (1989-1990).
Course Director and Chairperson, Conference Planning Committee, And The Walls Come Tumbling Down National Conference on Developing Systems of Care, GRECC, Minneapolis, MN (1988-1989).
Course Director and Chairperson, Conference Planning Committee, Alzheimer's Update II, National Conference on the Care of Persons with Dementing Disorders, VA Medical Center, Minneapolis, MN (1986-1987).
Director, Evaluation of Adult Day Health Care Center, VA Medical Center, Minneapolis, MN (1985-1987).
Member, National Adult Day Health Care Evaluation Team, VA Health Service Research and Development Center, Seattle, WA (1985-1987).
Course Director and Chairperson, Conference Planning Committee, Alzheimer's Update I, National Conference on the Care of Persons with Dementing Disorders, VA Medical Center, Minneapolis, MN (1985-1986).
Course Director and Chairperson, Conference Planning Committee, Beyond Folklore: Practical Care for Persons with Dementing Disorders, National Conference on the Care of Persons with Dementing Disorders, VA Medical Center, Minneapolis, MN (1984-1985).

Service to Professional Organizations

Committee Member, Social Research and Public Policy, Gerontological Society of America (2005-2006).

Finance Committee, Gerontological Society of America (2004-2006).

Program Committee, Social Research and Public Policy Section, Gerontological Society of America (2004-2003).

Chairperson, Humanities and Arts Committee, Gerontological Society of America (1989-1990).

EDITORSHIPS AND EDITORIAL BOARDS

2002-2006 Editorial Board, American Journal of Alzheimer's Disease and Related Disorder

MANUSCRIPT REVIEWER

2007-present Reviewer, Research in Nursing and Health

2006-present Reviewer, The Journal of Gerontological Nursing

2002-present Board Member and Reviewer, American Journal of Alzheimer's Disease and Other Dementias

1995-2002 Reviewer, The Journal of the American Geriatrics Society

1994-2002 Reviewer, The American Journal of Geriatric Psychiatry

1993-2002 Reviewer, The Journal of the American Board of Family Practice

1990-present Reviewer, The Gerontologist

1989-present Reviewer, Annual Scientific Meeting Presentations, Gerontological Society of America

NATIONAL/INTERNATIONAL CONSULTATION

1982-1997 Joint Commission on Accreditation of Healthcare Organizations Consultant Surveyor, Long Term Care Facilities, Chicago, IL.

VISITING PROFESSORSHIPS

January, 1995 Medical School, Ain Shams University, Cairo, Egypt

February, 1998 Medical School, Ain Shams University, Cairo, Egypt

NATIONAL/INTERNATIONAL SCIENTIFIC REVIEW

2008-present Ad Hoc reviewer, NINR and NIA

1999-present Grant reviewer, Alzheimer's Association

1999 NINR Review Panel for End of Life Research

2004-2008 NINR Aging and Adults Study Section

2009 Ad Hoc reviewer for ARRA Stimulus grants

2009-present Ad Hoc reviewer, CSR

2009-present Pre- and Post-Doctoral Fellowship Application Reviewer, Building Academic Geriatric Nursing Capacity (AAN/Hartford Foundation)

SCHOLARLY PRESENTATIONS (Selected)

International Presentations

2008 Training the Most Important Dementia Clinician. Abu Dhabi International Aging Conference, Abu Dhabi, United Arab Emirates, April, 2008

2001 Training Dementia Family Caregivers. VIIIth International Conference on Gerontology and Geriatrics. Havana, Cuba, October, 2001.

1998 Measuring and Monitoring Quality of Life in the Elderly. Fifth International Geriatrics Congress: The Egyptian Elderly in the Twenty-First Century, Cairo, Egypt, February, 1998.

1998 Training for Dementia Home Care. Fifth International Geriatrics Congress: The Egyptian Elderly in the Twenty-First Century, Cairo, Egypt, February, 1998.

1998 Interdisciplinary Team Practice: Team Formation and Conflict Recognition and Resolution. Fifth International Geriatrics Congress: The Egyptian Elderly in the Twenty-First Century, Cairo, Egypt, February, 1998.

1998 The Necessity of Geriatric Medicine: Developing a Geriatrics Program. Al Azar University School of Medicine, Cairo, Egypt, February, 1998.

- 1998 Integrating Families into the Health Care Delivery System. Conference on Geriatrics and Gerontology, Suez University School of Nursing, Port Said, Egypt, February, 1998.
- 1998 Organizing New Services for Older Persons. Course in Geriatrics for Residents and Practitioners from the Ministry of Health, Ain Shams University, Cairo Egypt, March, 1998.
- 1998 Designing and Operating Quality Management Systems. Course in Geriatrics for Residents and Practitioners from the Ministry of Health, Ain Shams University, Cairo Egypt, March, 1998.
- 1998 Issues in Home Care: Planning, Marketing, and Delivery. Course in Geriatrics for Residents and Practitioners from the Ministry of Health, Ain Shams University, Cairo Egypt, March, 1998.
- 1998 Multidisciplinary Assessment and Care Planning. Course in Geriatrics for Residents and Practitioners from the Ministry of Health, Ain Shams University, Cairo Egypt, March, 1998.
- 1993 Designing a Long-Term Care Continuum: Learning from the American Past. Presented at the First Annual Egyptian Conference on Aging, Ain Shams University, Cairo, Egypt, January 1993.
- 1993 Partnership with Families Caring for Elders: Reports from Intervention Research. Presented at the First Annual Egyptian Conference on Aging, Ain Shams University, Cairo, Egypt, January 1993.
- 1993 Establishing a Research Environment in a Clinical Setting. Lecture course presented to Faculty, Fellows, Residents, and Staff, Program in Geriatrics, Ain Shams University, Cairo, Egypt, January 1993.

National Presentations

- 2001 How to be a Savvy Caregiver. Alzheimer's Research Seminar, Anchorage, Alaska, September, 2001.
- 2001 On Becoming a Savvy Caregiver. Alzheimer's Caregiver Conference. Fairbanks, Alaska, September, 2001.
- 2001 Strategies for Dementia Caregiver Effectiveness Training. "Alzheimer's Disease: Research the Possibilities," Denver, CO, May, 2001.
- 2001 Introduction to Dementia and Caregiving. Social Work Review Course. University of Mississippi, Oxford, MS, April, 2001.
- 1999 Preserving the Person: New Directions in Dementia Care. Keynote at Developments in Alzheimer's Care Conference, Houston, TX, February, 1999.
- 1998 Innovations in Dementia Caregiver Training. Presentation to National Planning Board, National Chronic Care Consortium/Alzheimer's Association Dementia Networks in Managed Care Project, Portland OR, May, 1998.
- 1998 Family Stories: Individualizing Care for Persons with Dementing Disorders. Dakota Conference on Rural and Public Health, Fargo, North Dakota, April 1, 1998. Pre-Conference Workshop.
- 1998 Training Dementia Family Caregivers. Dakota Conference on Rural and Public Health, Fargo, North Dakota, April 1, 1998.
- 1995 Evaluating resident care in dementia special care units using Joint Commission dementia protocols. Presented at the Fourth Annual Conference on Quality Improvement in Long Term Care, Chicago, IL, July, 1995.
- 1995 Designing a Psychoeducation Intervention for Family Caregivers of Dementia Patients. Presented to the Radford University Colloquium on Aging, Radford, VA, May 1995.
- 1992 What's Special About Special Care Units for Dementia Patients, Annual Meeting, JCAHO Long-Term Care Surveyors, Chicago, IL, December 1992.
- 1991 Caregivers and Physicians: A Model for Partnership. American Academy of Home Care Physicians Annual Meeting, Chicago, IL, May 1991.
- 1987 A Model for Developing and Delivering Case Management Services in Rural Areas. University of Washington Center on Aging National Conference on Case Management, Seattle, WA, September 1987.
- 1986 Involving Caregivers in the Planning and Care of Patients. Hospital-Wide Seminar on Geriatrics, Veterans Administration Medical Center, Salisbury, NC, September 1986.
- 1985 The Caregiver Education Pamphlets: Materials for Clinicians as Patient Educators, Conference on Aging, Boston/Bedford GRECC, Bedford, MA, May 1985.
- 1984 An educational approach to working with caregivers. Alzheimer's Disease Conference, Palo Alto, CA, June 1984.

- 1984 Educational approaches to working with families caring for dementia patients. Panel participant at Dementia and Depression Conference, Seattle/American Lake GRECC, March 1984.

Local/State/Regional Presentations

- 2002 The Odyssey Reconsidered: Preparing to be Penelope's Spouse. Presented at the Minnesota Department of Human Services' Aging Initiative and Minnesota Board on Aging Age Odyssey conference, St. Cloud, MN, August, 2002.
- 2001 New Models of Caregiver Support. Minnesota Department of Human Services Conference on Innovations in Caregiving. Minneapolis, MN, March, 2001.
- 2001 Advances in Aging. Retired Minneapolis Teachers Association, Minneapolis, MN, March, 2001.
- 2001 Family and Caregiver Issues. Geriatric Medicine and Drug Therapy Symposium. Minneapolis, MN, March, 2001.
- 2000 Dementia and Family Caregiving. St. Paul Living at Home Block Nurse Program, St. Paul, MN, November, 2000.
- 1999 Family Stories Project. Minnesota Health and Housing Alliance Annual Conference, Minneapolis, MN, February, 1999.
- 1997 Train – Don't Underestimate -- the Dementia Family Caregiver. National Chronic Care Consortium National Conference, Minneapolis, MN, September, 1997.
- 1997 Advocating an Aggressive Approach to Dementia Family Training. Presentation to National Planning Board, National Chronic Care Consortium/ Alzheimer's Disease Dementia Networks in Managed Care Project, Atlanta GA. August, 1997.
- 1997 Principles of Interdisciplinary Teams for the Care of Older Persons. Minnesota Area Geriatric Education Center Summer Institute. June, 1997, Minneapolis, MN.
- 1995 The Family Stories Project. Presented at Building Communities for All Generations, the Minnesota Gerontological Society-Senior Workers Annual Meeting, Minneapolis, MN, November 1995.
- 1995 The Family Stories Project. Presented at the Lutheran Long Term Care Council of Minnesota Annual Meeting, Eden Prairie, MN, October 1995.
- 1995 Preliminary Results from the Minnesota Family Workshop Project. Research Seminar, Department of Family Practice and Community Health, University of Minnesota, Minneapolis, MN, October 1995.
- 1991 Materials and Methods to Promote Training for Family Caregivers. Presented at the Seventh Annual Alzheimer's Update Conference, Bloomington, MN, November 1991.

UNIVERSITY, SCHOOL AND COMMUNITY SERVICE

Emory University Wide Service

President's Advisory Committee
Council of Associate Deans
Institutional Review Board member
Neuroscience Initiative Leadership Committee and Research Committee
Woodruff Health Sciences Research Advisory Committee
University Library Policy Committee/Health Sciences Library Advisory Board
Research Administration Faculty Advisory Committee
University Research Council grant reviewer
Global Health Initiative grant reviewer
Religion and Health Collaborative grant reviewer
Atlanta Clinical and Translational Science Initiative (CTSA) Education Executive Committee

Emory University School of Nursing Service

Senior Leadership Council
Faculty Committee on Appointment, Promotion, and Tenure
Research Committee (ex officio)
Chair, Associate Dean for Academic Advancement Search Committee
Member, Faculty Search Committee

Advisory Board Member, Lillian Carter Center for International Nursing

Revised 08/17/2026